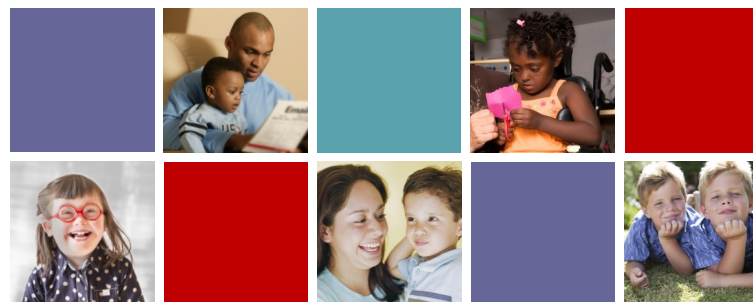




# CRITICAL CONVERSATIONS

Child Development & Mental Health Conference  
 Friday, May 11, 2018  
 7:45am-5:00pm

Central Rivers Area Education Agency  
 1521 Technology Parkway  
 Cedar Falls, IA 50613



## Program Agenda

Friday, May 11, 2018 - Conference Rooms B, C1, C2

7:45am-8:10am	Registration and coffee
8:10am-8:20am	WELCOME AND ANNOUNCEMENTS Tom Scholz, MD
8:20am-9:20am	RESEARCH TRENDS IN UNDERSTANDING HOW MATERNAL STRESS AND HEALTH INTERACTS WITH PRENATAL BRAIN DEVELOPMENT Hanna Stevens, MD, PhD
9:20am-10:20am	ENHANCING THE WELL CHILD VISIT: STRATEGIES TO IMPROVE IDENTIFICATION OF DEVELOPMENTAL DELAYS WITHIN YOUR PATIENT POPULATION Steven Wolfe, MD Meredith Fishbane-Gordon, MD
10:20am-10:30am	Break
10:30am-11:30am	EXPLORING THE INTERSECTIONALITY OF HEALTH AND SOCIAL CONSTRUCTS Derrick Willis, MPA
11:30am-12:30pm	DRUG ENDANGERED CHILDREN—WHAT YOU NEED TO KNOW Cheryll Jones, ARNP
12:30pm-12:45pm	Lunch and Networking <i>(lunch will be provided)</i>
12:45pm-1:45pm	USING FREE HIGH QUALITY RESOURCES TO SEARCH FOR INFORMATION TO GIVE TO YOUR PATIENTS AND THEIR PARENTS Chris Childs WHAT IS 1ST FIVE Sara Herzog; Visiting Nurse Association of Dubuque Brandyce Frink; Black Hawk County Public Health
1:45pm-2:45pm	RESILIENCE: THE KEY COMPONENTS TO ASSIST IN OVERCOMING ACES Yvonne Farley, MSW
2:45pm-3:00pm	Break
3:00pm-4:00pm	PLEASE PASS THE PEANUT BUTTER: CURRENT NUTRITION STRATEGIES TO PREVENT AND MANAGE FOOD ALLERGIES Tonya Krueger, MA, RDN, LD
4:00pm-5:00pm	RURAL SUICIDE: AN INCREASING RISK FOR ADOLESCENTS Susan Pike, MD

# Session Information

## RESEARCH TRENDS IN UNDERSTANDING HOW MATERNAL STRESS AND HEALTH INTERACTS WITH PRENATAL BRAIN DEVELOPMENT

Hanna Stevens, MD, PhD, will discuss the impact of maternal stress on the developing brain and provide information on how research trends may influence future interventions.

**Objectives:** **1.** Identify what aspects of brain development occur prenatally **2.** Explain how maternal health may impact child brain development **3.** Formulate what future interventions may look like based on basic science research into molecular and cellular aspects of stress and brain development

## ENHANCING THE WELL CHILD VISIT: STRATEGIES TO IMPROVE IDENTIFICATION OF DEVELOPMENTAL DELAYS WITHIN YOUR PATIENT POPULATION

Steven Wolfe, MD and Meredith Fishbane-Gordon, MD will discuss how developmental surveillance and screening can be utilized to identify your patients at risk for and with developmental delay; they will review the use of the M-CHAT R/F and ASQ screening tools, specifically detailing how providers can include these tools in their existing workflow and get compensation for their efforts.

**Objectives:** **1.** Define the importance of and difference between developmental surveillance and screening **2.** Describe autism-specific (M-CHAT-R/F), child general development (ASQ), and child social-emotional development (ASQ:SE) screening tools **3.** Review why observation alone is insufficient to recognize delays and showcase resources available to support your patient care efforts around this vital component of well child care

## EXPLORING THE INTERSECTIONALITY OF HEALTH AND SOCIAL CONSTRUCTS

Derrick Willis, MPA, will discuss social determinants of health, which are the structural determinants and conditions in which people are born, grow, live, work and age. This session will explore how factors related to education, economic stability, environment, community and health care systems influence health outcomes.

**Objectives:** **1.** Review the areas of concern in the state of Iowa based on a review of demographic data **2.** Describe how education, economics, environment, and health care systems can impact health outcomes **3.** Formulate strategies to address social determinants of health

# General Information

## STATEMENT OF PURPOSE

Primary Care Providers who see children and parents on a regular basis have a unique opportunity to identify children experiencing adversity early on and set them up for brighter futures. This conference will cover a variety of issues that impact children and families throughout childhood and adolescence from pregnancy and early childhood to resilience after adverse childhood experiences, food allergies, and the increasing risk of rural suicide in adolescents.

## AUDIENCE

Pediatricians, Family Practice Physicians, Nurse Practitioners, Physician Assistants, Registered Nurses, and Licensed Practical Nurses.

## LOCATION

From Hwy 20, take Exit 224 and turn north onto Hudson Road, drive to Technology Parkway and turn right; destination will be on the left.

## PARKING

Free parking is available adjacent to the building.

## REFUNDS & CANCELLATION

Registration fees are not refundable. If the conference is cancelled for any reason, all registrants will receive a full refund.

## DRUG ENDANGERED CHILDREN- WHAT YOU NEED TO KNOW

Cheryll Jones, ARNP, will discuss the effects of prenatal drug and alcohol exposure and the impact that it has on infants and children, as well as interventions and community resources that are available to the children and families that are impacted by this exposure.

**Objectives:** **1.** Describe the effects of prenatal drug and alcohol exposure on infants and children **2.** Outline drugs of abuse that children may be exposed to prenatally **3.** Discuss interventions for infants and children exposed to prenatal drugs and alcohol **4.** Identify community resources available to children and families impacted by prenatal drug and alcohol exposure

## USING FREE HIGH QUALITY RESOURCES TO SEARCH FOR INFORMATION TO GIVE TO YOUR PATIENTS AND THEIR PARENTS

Chris Childs will introduce attendees to free, high-quality clinical and patient wellness resources. Audience members will learn how to search these resources to find information on health topics and prescription medications to pass on to their patients or their parents.

**Objectives:** **1.** Demonstrate the University of Iowa's Free Clinical Research & Patient Wellness Resources subject guide **2.** Review basic searching strategies such as Boolean Logic and Truncation **3.** Demonstrate search on PubMed for a review article on a health topic **4.** Examine patient information on health topics and prescription medications in MedlinePlus

## WHAT IS 1<sup>ST</sup> FIVE

Iowa's 1st Five Healthy Mental Development Initiative is a public-private partnership bridging primary care and public health services. 1st Five supports primary care providers in earlier detection of social-emotional and developmental delays and family risk factors in children birth to 5 and coordinates referrals, interventions and follow-up.

## RESILIENCE: THE KEY COMPONENTS TO ASSIST IN OVERCOMING ACES

Yvonne Farley, MSW, will teach the key concepts of multiple models of resilience. She will relate these skills, behaviors and traits to overcoming ACEs. This session will then talk about how to identify these concepts in various practice settings and with a variety of clients. Case studies will be used to illustrate how resilient traits can be strengthened.

**Objectives:** **1.** Identify at least two models of resiliency **2.** Describe how resilient traits can offset consequences of ACEs **3.** Apply and use resiliency concepts to assist clients

## PLEASE PASS THE PEANUT BUTTER: CURRENT NUTRITION STRATEGIES TO PREVENT AND MANAGE FOOD ALLERGIES

Tonya Krueger, MA RDN, LD, will present current trends and research in food allergies, as well as guidelines for introducing new foods in relation to food allergy risk.

**Objectives:** **1.** Recognize emerging food allergies and related conditions **2.** Demonstrate familiarity with current trends and research in food allergies **3.** Utilize guidelines for introducing new foods in relation to food allergy risk **4.** Identify patients at risk for nutritional deficiencies caused by food restriction

## RURAL SUICIDE: AN INCREASING RISK FOR ADOLESCENTS

Susan Pike, MD, will present the most recent data about rates of suicide among children and adolescents in rural populations over the past decade. This session will discuss possible factors leading to the changing rates of suicide in rural populations, as well as treatment options that are best suited to the individuals who have experience suicidal ideation/unsuccessful suicide attempts.

**Objectives:** **1.** Outline most recent data about rates of suicide among children and adolescents in rural populations over the past decade **2.** Describe possible factors leading to the changing rates of suicide in rural populations **3.** Identify treatment options that are best suited to the individuals who have experienced suicidal ideation/unsuccessful suicide attempts

# Registration

Name
Address
City/State/ZIP
Email
Phone

Company or Business Name

Please select your professional role:

- Pediatrician  
 Family Practice Physician  
 Physician Assistant  
 Nurse Practitioner  
 Registered Nurse  
 Licensed Practical Nurse  
 Other

Do you have dietary restrictions?  Gluten Free  Vegetarian  Vegan

REGISTRATION FEE:  \$75      Student/Trainee:  \$25

Please make checks payable to the **University of Iowa** and send with registration form to: University of Iowa

Attn: Kathy Francois  
100 Hawkins Drive - 239 CDD  
Iowa City, IA 52242

Registration fees will cover materials, food, and application fees for CMEs and CEUs.

## CME ACCREDITATION

The University of Iowa Roy J. and Lucille A. Carver College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

## CME CREDIT DESIGNATION

The University of Iowa Carver College of Medicine designates this live activity for a maximum of 8.0 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## CME CERTIFICATES

Attendees seeking *AMA PRA Category 1 Credit(s)*<sup>™</sup> will self-claim their credits and print their certificates at the conclusion of the conference via the UI College of Medicine's CME Portal. Instructions will be provided at check-in.

## CEU ACCREDITATION

The University of Iowa College of Nursing is an Iowa Board of Nursing provider: Number 1. Full-time attendance will award 8.0 contact hours.