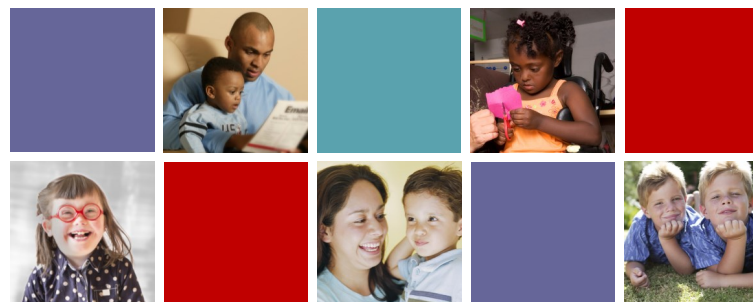




# CRITICAL CONVERSATIONS

Pediatric Mental Health in Primary Care  
 Wednesday, May 8, 2019  
 8:20am-2:45pm

Upper Iowa University- Student Center  
 605 Washington Street  
 Fayette, IA 52142



## Program Agenda

Wednesday, May 8, 2019 - Student Center Main Ballroom

8:20am-8:45am	Registration and coffee
8:45am-9:00am	WELCOME AND ANNOUNCEMENTS Thomas Scholz, MD
9:00am-10:00am	TOOLS IN THE TREATMENT OF ANXIETY DISORDERS Hanna Stevens, MD
10:00am-11:00am	"THE RAGE" UNDERSTANDING DISRUPTIVE BEHAVIORS Deb Bahe, ARNP
11:00am-11:30pm	INTRODUCTION TO THE IOWA PEDIATRIC MENTAL HEALTH COLLABORATIVE Thomas Scholz, MD
11:30pm-12:30pm	Lunch and Networking ( <i>lunch will be provided</i> )
12:30pm-1:30pm	ADHD: MULTIFACETED DIAGNOSIS AND TREATMENT Nancy Beyer, MD
1:30pm- 2:30pm	DEPRESSION MANAGEMENT IN CHILDREN AND ADOLESCENTS AND OVERVIEW OF SUICIDE RISK ASSESSMENT Edward Buckingham, MD
2:30pm-2:45pm	Closing Remarks

## Session Information

### TOOLS IN THE TREATMENT OF ANXIETY DISORDERS

Hanna Stevens, MD– UI Department of Child and Adolescent Psychiatry

#### Objectives:

1. Review tools that can be used for assessment of children with anxiety
2. Identify resources for families of children with anxiety
3. Discuss resources for prescribing medication for children with anxiety disorders

### “THE RAGE” UNDERSTANDING DISRUPTIVE BEHAVIORS

Deborah Bahe, ARNP - Child Health Specialty Clinics

#### Objectives:

1. Describe what are disruptive behaviors
2. Recognize the significance of disruptive behaviors
3. Identify what to do for disruptive behaviors

### INTRODUCTION TO THE IOWA PEDIATRIC MENTAL HEALTH COLLABORATIVE

Thomas Scholz, MD - UI Division of Child and Community Health

#### Objectives:

1. Review the goals and objectives of the Iowa Pediatric Mental Health Collaborative
2. Discuss trainings to develop capacity of primary care providers to treat children with mild to moderate needs within their medical home
3. Describe consultation service between primary care providers and University of Iowa Child and Adolescent Psychiatrists
4. Recommend connection with Regional Pediatric Mental Health Teams for care coordination and family to family support

### ADHD: MULTIFACETED DIAGNOSIS AND TREATMENT

Nancy Beyer, MD - UI Department of Child and Adolescent Psychiatry

#### Objectives:

1. Identify key components of diagnosis
2. Consider manifestations of diagnosis in various domains of function
3. Identify pharmacologic options for treatment, with guidelines for dosing
4. Identify non-pharmacologic interventions

### DEPRESSION MANAGEMENT IN CHILDREN AND ADOLESCENTS AND OVERVIEW OF SUICIDE RISK ASSESSMENT

Edward Buckingham, MD - UI Department of Child and Adolescent Psychiatry

#### Objectives:

1. Define the common presenting symptoms of child and adolescent depression
2. Outline the primary treatments for child and adolescent depression
3. Identify the major risk factors for suicide attempts and completions
4. Describe common interventions to address acute and chronic suicide risk factors

## General Information

### STATEMENT OF PURPOSE

The purpose of this conference is to help primary care providers increase their capacity to treat children and youth with mild to moderate mental health needs within their medical home. Conference sessions will include information about identifying, assessing, and treating common child and adolescent psychiatric disorders such as ADHD, Anxiety and Depression.

### AUDIENCE

Pediatricians, Family Practice Physicians, Nurse Practitioners, Physician Assistants, Registered Nurses, Licensed Practical Nurses, and Mental Health Providers.

### LOCATION

Upper Iowa University– Student Center  
605 Washington Street  
Fayette, IA 52142

Venue information can be found at the link below:

<https://uiu.edu/resources/auxiliary-services/event-planning/venues-ballrooms.html>

### PARKING

Free parking is available



## Registration

### REGISTRATION FEES

This training is provided at no cost, but registration is required.

### ONLINE REGISTRATION

Register online:

Registration form link: <https://uiowa.cloud-cme.com/Form.aspx?FormID=720>

Website link: <https://uiowa.cloud-cme.com/default.aspx?p=1000>

If you encounter difficulties while registering, please call the University of Iowa CME Office at **319/335-8599**, M-F, 8-4:30.

You will receive a confirmation email verifying your registration

### FOR MORE INFORMATION OR QUESTIONS

Contact Kafi Dixon:

Phone 319-356-3570

Email [kafi-dixon@uiowa.edu](mailto:kafi-dixon@uiowa.edu)

### CANCELLATION

To cancel your registration, contact the University of Iowa CME Office at **319-335-8599**.

### CONTINUING EDUCATION

**CME ACCREDITATION** - The University of Iowa Roy J. and Lucille A. Carver College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

**CME CREDIT DESIGNATION** - The University of Iowa Carver College of Medicine designates this live activity for a maximum of 4.5 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**CEU ACCREDITATION** - The University of Iowa College of Nursing is an Iowa Board of Nursing approved provider, Number 1. For full-time attendance, 4.5 contact hours will be awarded.



Division of Child and Community Health