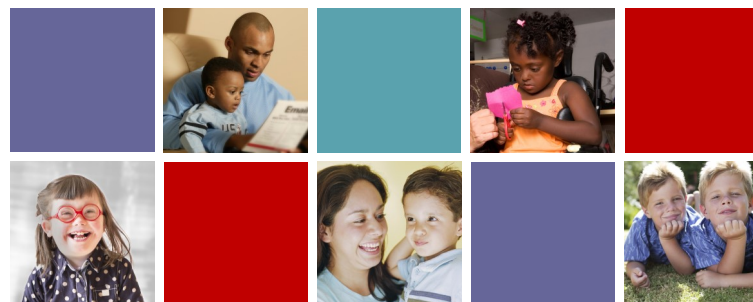




# CRITICAL CONVERSATIONS

Pediatric Mental Health in Primary Care  
 Thursday, April 2, 2020  
 8:20am-2:45pm

Quad-Cities Waterfront Convention Center  
 2021 State Street  
 Bettendorf, IA 52722



## Program Agenda

Thursday, April 2, 2020- Iowa Room

8:20am-8:45am	Registration and coffee
8:45am-9:00am	WELCOME AND ANNOUNCEMENTS Thomas Scholz, MD
9:00am-10:00am	USING AND TEACHING BRIEF PARENT MANAGEMENT BEHAVIORAL INTERVENTIONS DURING MEDICATION MANAGEMENT APPOINTMENTS Burgundy Johnson, DO
10:00am-11:00am	ANXIETY DISORDERS AND DEPRESSIVE DISORDERS IN CHILDREN AND ADOLESCENTS Dewi Abramoff, MD
11:00am-11:30am	INTRODUCTION TO THE IOWA PEDIATRIC MENTAL HEALTH COLLABORATIVE Thomas Scholz, MD
11:30am-12:30pm	Lunch and Networking ( <i>lunch will be provided</i> )
12:30pm-1:30pm	DIALECTICAL BEHAVIOR THERAPY 101 James Burkhalter, LISW Michelle McNeil, RN, BSN
1:30pm- 2:30pm	EATING DISORDERS IN CHILDREN AND ADOLESCENTS Christine McCormick-Pries, ARNP
2:30pm-2:45pm	Closing Remarks

## Session Information

### USING AND TEACHING BRIEF PARENT MANAGEMENT BEHAVIORAL INTERVENTIONS DURING MEDICATION MANAGEMENT APPOINTMENTS

Burgundy Johnson, DO - University of Iowa Department of Psychiatry

#### Objectives:

1. Discuss common behavioral issues that are brought up in medication management appointments.
2. Review behavioral techniques, with an emphasis on techniques that can apply to the most common problems and diagnoses seen and discussed in medication management appointments.
3. Identify how these strategies can be relayed to caregivers so that they may be implemented at home.

### ANXIETY DISORDERS AND DEPRESSIVE DISORDERS IN CHILDREN AND ADOLESCENTS

Dewi Abramoff, MD- University of Iowa Department of Psychiatry, Child Health Specialty Clinics

#### Objectives:

1. Recognize signs and symptoms of anxiety and depressive disorders.
2. Assess for anxiety and/or depressive disorders in children with behavioral problems.
3. Recommend treatment plan that includes medication options for anxiety and depressive disorders.

### INTRODUCTION TO THE IOWA PEDIATRIC MENTAL HEALTH COLLABORATIVE

Thomas Scholz, MD - University of Iowa Division of Child and Community Health

#### Objectives:

1. Review the goals and objectives of the Iowa Pediatric Mental Health Collaborative.
2. Discuss trainings to develop capacity of primary care providers to treat children with mild to moderate needs within their medical home.
3. Describe consultation service between primary care providers and University of Iowa Child and Adolescent Psychiatrists.
4. Recommend connection with Regional Pediatric Mental Health Teams for care coordination and family to family support.

## Session Information Cont.

### DIALECTICAL BEHAVIOR THERAPY 101

James Burkhalter, LISW, Director of DBT Programming- University of Iowa Hospitals & Clinics

Michelle McNeil, RN, BSN, DBT Nurse Counselor- University of Iowa Hospitals & Clinics

#### Objectives:

1. Describe the origins and foundations of DBT.
2. Discuss the 4 skills modules in DBT programming.
3. Introduce DBT group structure at UIHC.

### EATING DISORDERS IN CHILDREN AND ADOLESCENTS

Christine McCormick-Pries, ARNP, Clinical Director - Vera French Community Mental Health Center

#### Objectives:

1. Review signs and symptoms of common eating disorders.
2. Discuss the prevalence of eating disorders in the pediatric population.
3. Identify diagnostic evaluation methods for children, adolescents, and their families.
4. Recommend evidence-based treatments for patients affected by eating disorders.

## General Information

### STATEMENT OF PURPOSE

The purpose of this conference is to help primary care providers increase their capacity to treat children and youth with mild to moderate mental health needs within their medical home. Conference sessions will include information about identifying, assessing, and treating common child and adolescent psychiatric disorders such as ADHD, Anxiety and Depression.

### AUDIENCE

Pediatricians, Family Practice Physicians, Nurse Practitioners, Physician Assistants, Registered Nurses, Licensed Practical Nurses, and Mental Health Providers.

### LOCATION

Quad-Cities Waterfront Convention Center  
2021 State Street  
Bettendorf, IA 52722

Venue information can be found at the link below:

<https://www.qcwc.com/index.html>

### PARKING

Free parking is available outside of the main entrance.

## Registration

### REGISTRATION FEES

This training is provided at no cost. Registration is required.

### ONLINE REGISTRATION

Register online:

Registration form link: <https://uiowa.cloud-cme.com/default.aspx?P=0&EID=32636>

Website link: <https://uiowa.cloud-cme.com/default.aspx?P=1000>

If you encounter difficulties while registering, please call the University of Iowa CME Office at **319/335-8599**, M-F, 8-4:30.

You will receive a confirmation email verifying your registration.

### FOR MORE INFORMATION OR QUESTIONS

Contact Kafi Dixon:

Phone 319-356-3570

Email [kafi-dixon@uiowa.edu](mailto:kafi-dixon@uiowa.edu)

### CANCELLATION

To cancel your registration, contact the University of Iowa CME Office at **319-335-8599**.

### CONTINUING EDUCATION

**CME ACCREDITATION** - The University of Iowa Roy J. and Lucille A. Carver College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

**CME CREDIT DESIGNATION** - The University of Iowa Carver College of Medicine designates this live activity for a maximum of 4.5 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**NURSING CE ACCREDITATION** - The University of Iowa College of Nursing is an Iowa Board of Nursing approved provider, Number 1. For full-time attendance, 4.5 contact hours will be awarded.

This training is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$445,000 with 20% financed with non-governmental sources. The content are those of the presenter(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS or the U.S. Government.

