2018 Parent and Caregiver Retreat — The Road to Tomorrow: Refueling for the Journey
Friday, June 1, 2018 – Saturday, June 2, 2018
Gateway Hotel & Conference Center - 2100 Green Hills Drive, Ames, IA 50014

Sponsored by:
University of Iowa Stead Family Children’s Hospital, Division of Child and Community Health and Center for Disabilities and Development

This FREE event is designed for Iowa parents, legal guardians, and caregivers of children and youth (ages 12 to 26) with special health care needs. Session topics will include issues involved in the transition of youth to adult health care and specialty services.
- Come for rest and a little pampering.
- Come to connect with other families.
- Come to learn about transition.

Friday, June 1, 2018
4 p.m. Hotel Check-In/Retreat Registration
5 to 6:30 p.m. Dinner
6:30 to 8 p.m. Young Adult and Parent Panel

Saturday, June 2, 2018
8 to 9 a.m. Breakfast
9 to 10:30 a.m. Life After High School and Leaving Home: Living, Learning, and Working
10:30 to 11 a.m. Break and Hotel Check-Out
11 a.m. to 12 p.m. Legal and Financial Rules of the Road
12 to 1 p.m. Lunch
1 to 2 p.m. Leadership and Advocacy for Parents and Youth: Planning the Trip
2 to 3:15 p.m. The Self-Care Journey
3:15 to 3:30 p.m. Wrap Up and Adjourn

To register, click on the following link: https://uiowa.qualtrics.com/jfe/form/SV_3WrvGAV7vqiwl1
Questions? Call Jennifer Cook at 319-356-7741 or Martha Hanley at 319-356-0886.

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact Jennifer Cook in advance at 319-356-7741.