



1st Five eHealth Curbside Consultation PCP Guide

Do you have questions or concerns related to behavioral health, mental health development or growth and nutrition of your patients birth to 5 years?

eHealth Curbside Consultation is a free service that connects PCPs with a specialist via telephone to consult on issues of concern regarding specific patient cases or general topics related to development, diet and nutrition and psychiatric needs of children birth to 5 years.

Psychiatric Consultation

- ◆ Review behavioral health and psychiatric symptoms and concerns
- ◆ Provide information on therapeutic interventions and therapies for children 0-5
- ◆ Provide information on mental health resources for PCPs

Developmental Pediatric Consultation

- ◆ Review of developmental concerns and questions on screening and surveillance
- ◆ Help to fill a gap while families are on waiting lists for diagnostic evaluations
- ◆ Offer guidance on referral options for children at risk or exhibiting developmental delays

Nutrition Consultation

- ◆ Offer resources to share with families to help address diet and nutrition
- ◆ Offer guidance on new pediatric malnutrition standards and monitoring growth
- ◆ Discuss interventions that can be used in clinic to help families address feeding difficulties.



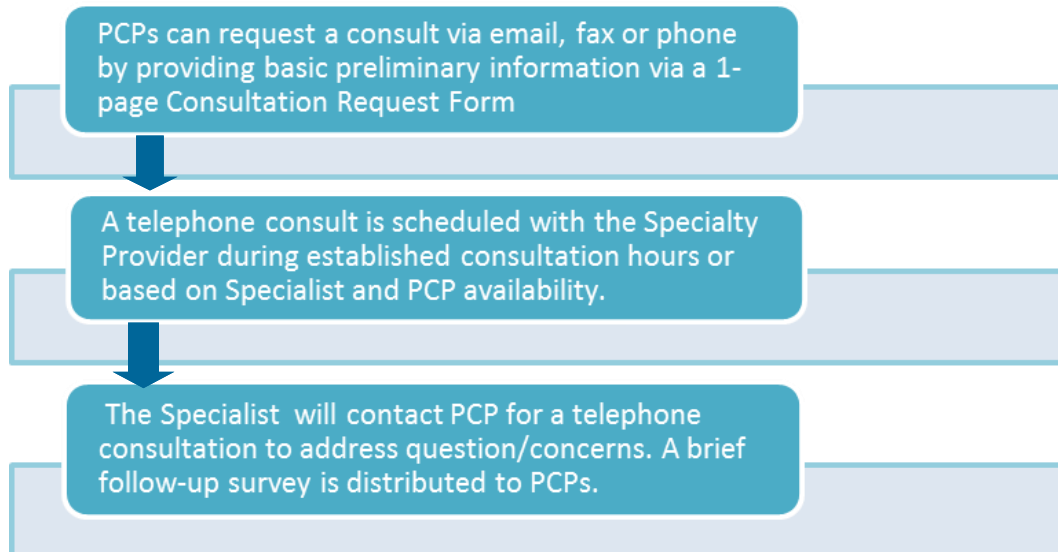
**For questions or to request a consultation
please contact:**

Kafi Dixon, Telehealth Coordinator
Consult Request Line: 855-275-4444
Kafi-dixon@uiowa.edu
319-356-3715 Fax



Requesting a Consultation

Curbside Consultations can be requested when primary care providers have questions or concerns related to their patient care and can be initiated using the following process:



Specialty Care Providers

Susan Pike, MD

Division of Child and Community Health/ Child and Adolescent Psychiatry



Joni Bosch, Ph.D., ARNP

Department of Developmental and Behavioral Pediatrics



Stephany Brimeyer, MPH, RD, LD

Child Health Specialty Clinics



Tonya Krueger, MA, RDN, LD

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