

## 1st Five ettealth Curbside Consultation PCP Guide

Do you have questions or concerns related to behavioral health, mental health development or growth and nutrition of your patients birth to 5 years?

eHealth Curbside Consultation is a free service that connects PCPs with a specialist via telephone to consult on issues of concern regarding specific patient cases or general topics related to diet and nutrition and psychiatric needs of children birth to 5 years.

#### **Psychiatric Consultation**

- Review behavioral health and psychiatric symptoms and concerns
- Provide information on therapeutic interventions and therapies for children 0-5
- Provide information on mental health resources for PCPs

#### **Nutrition Consultation**

- Offer resources to share with families to help address diet and nutrition
- Offer guidance on new pediatric malnutrition standards and monitoring growth
- Discuss interventions that can be used in clinic to help families address feeding difficulties.

### For questions or to request a consultation please contact:

Kafi Dixon, Telehealth Coordinator Consult Request Line: 855-275-4444

kafi-dixon@uiowa.edu 319-356-3715 Fax



### Requesting a Consultation

Curbside Consultations can be requested when primary care providers have questions or concerns related to their patient care and can be initiated using the following process:

PCPs can request a consult via email, fax or phone by providing basic preliminary information via a 1page Consultation Request Form

A telephone consult is scheduled with the Specialty Provider during established consultation hours or based on Specialist and PCP availability.

The Specialist will contact PCP for a telephone consultation to address question/concerns. A brief follow-up survey is distributed to PCPs.

# Specialty Care Providers

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