

# IOWA FAMILY LEADERSHIP TRAINING 2019

## *Frequently Asked Questions*

### **What is the Iowa Family Leadership Training Institute (IFLTI)?**

The IFLTI is a leadership training opportunity for parents or primary caregivers of children or youth with special health-care diagnoses that will prepare them to become better advocates on the individual, community and policy levels.

### **What are proposed outcomes of the IFLTI?**

Trainees will discover:

- How to work with partners
- One's own path to leadership
- Strategies for advocacy
- How to create a Community Service Project having impact at the community or systems level

### **Who is eligible for IFLTI 2019?**

Eligible candidates are parents or primary caregivers of children ages 3 to 19 with special health care needs living in Iowa.

### **When will IFLTI 2019 be held?**

The training will be held at four in-person meetings:

3 p.m. Friday, April 5, to 4 p.m. Saturday, April 6

3 p.m. Friday, May 3, to 4 p.m. Saturday, May 4

3 p.m. Friday, May 31, to 4 p.m. Saturday, June 1

10 a.m. to 3 p.m. Saturday, June 29

### **Are all sessions mandatory?**

Yes. The trainings will be at a hotel, and participants are expected to stay overnight in April and May, unless there are special circumstances. June 29 is a one-day session.

### **Where will IFLTI 2018 sessions be held?**

Cedar Rapids, Iowa

**What is the charge to participants for the institute?**

There is a \$100 registration fee required of accepted applicants, payable by check only. This is not meant to be a barrier to participation. If payment of the registration fee is a hardship, or if there are other financial barriers to enrollment, arrangements will be made for scholarship support.

The cost of hotel accommodations, meals, subject-matter expert speakers and training materials will be covered by the Institute.

**What will be required of trainees?**

Trainees will be asked to complete the following:

- Attendance at and enthusiastic participation in all in-person sessions
- Online readings to prepare for in-person sessions
- Community Service Project
- Work with a designated mentor
- Institute evaluations

**How are IFLTI trainees selected?**

- Complete application, available at [https://uiowa.qualtrics.com/jfe/form/SV\\_3kMNfD3DvBhoRFj](https://uiowa.qualtrics.com/jfe/form/SV_3kMNfD3DvBhoRFj)
- Reference surveys
- Personal telephone or virtual interviews

**How long is the application period for the 2019 Institute?**

The application period continues until Friday, Feb. 15.

**When will trainees be notified of whether they have been accepted to the Institute?**

Applicants will be informed of their acceptance or deferral by March 8.

**Who should apply to the Institute?**

Successful applicants will demonstrate the following qualities:

- *Advocacy*-Strong desire to develop skills in advocacy, shows potential to articulate or develop an advocacy message
- *Coach-ability*-Open to learning, receiving feedback, applying new learning
- *Follow through*-Finishes what they start, keeps commitment, shows up, reliable and responsible

- *Inclusive*-Able to work in an inclusive manner with families and people of diverse cultures
- *Negotiation*-Demonstrates having handled conflict in positive way
- *Passion*-Desire to help the greater good/population, desire to learn
- *Respects others*- Can listen well and respect the perspectives of others, eager to learn from others, gives space to others to share their opinion/ideas, shows discretion and confidentiality
- *Strategic thinking*-is able to show concern for more than one issue or agenda item, is able to think beyond their situation and keep in mind the broader community
- *Team player*-reliable, works well with others, commitment to the group, genuine commitment, able to share opinions

#### **May trainees bring children, partners or friends to the training?**

No. We realize that eligible candidates have many responsibilities, but we ask that trainees arrange coverage at home for these duties. We expect trainees to give full attention to the training and to those who are training with them.

#### **How much time should trainees expect to spend on the training?**

Outside of the in-person trainings, trainees will spend time working on their individual Community Service Projects and having required meetings with mentors. Depending on the complexity of the Community Service Projects, trainees should expect to spend 2-4 hours per month.

#### **Any other questions?**

For more information, contact:

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