
HEALTH RECORD PRIVACY

PARENTS & CAREGIVERS

As your child grows older, it's normal for them to want more freedom and privacy. Your child's health care provider may ask you if they can talk to your child alone, while you wait in another room. This lets the provider talk directly with your child and allows your child to talk about things they may not feel comfortable discussing in front of a parent.

To make sure the conversations between your child and their provider are private, youth are encouraged to make their own MyChart account. The only information a parent or caregiver can see is the child's immunization records. If you need access to access your child's medical records due to their health issue, CHSC staff will ask you to sign an Incapacitated Access form.

Decision-making is a skill that will take practice and experience for your child. Practicing this skill with your child now will help them make informed choices as they grow up.

Helpful Tips

- When your child turns 18, they will be in charge of their own health care decisions. They will be the only one who can view their health information.
- If your child desires to, they can ask their family or others to help them make health decisions or access their health information. To do this, the selected family members must sign a form to tell staff that they are allowed to be involved in a child's care.
- If your child needs more supports, some choices include:
 - Supported decision making
 - Health care power of attorney
 - Legal guardianship