

IOWA FAMILY LEADERSHIP TRAINING INSTITUTE

Frequently Asked Questions

What is the Iowa Family Leadership Training Institute (IFLTI)?

The IFLTI is a leadership training opportunity for parents or primary caregivers of children or youth with special health-care diagnoses that will prepare them to become better advocates on the individual, community and policy levels.

What are proposed outcomes of the IFLTI?

Trainees will discover:

- How to work with partners
- One's own path to leadership
- Strategies for advocacy
- Ways to take action with peer and mentor support

Who is eligible for IFLTI 2017?

Eligible candidates are parents or primary caregivers of children ages 3 to 19 with special health care needs living in Eastern Iowa* (east of Interstate 35, including Des Moines).

What about families living west of Interstate 35? Will they have an opportunity for this training?

IFLTI 2018 is planned for families living west of Interstate 35 and will also include families living in Des Moines.

When will IFLTI 2017 be held?

The training will be held at four in-person meetings:

Friday, Sept. 8, and Saturday, Sept. 9

Friday, Oct. 13, and Saturday, Oct. 14

Friday, Nov. 10, and Saturday, Nov. 11

Saturday, Dec. 9

Are all sessions mandatory?

Yes. The trainings will be at a hotel and participants are expected to stay overnight in September, October, and November, unless there are special circumstances.

Where will IFLTI 2017 sessions be held?

Cedar Rapids, Iowa

What is the charge to participants for the institute?

There is a \$100 registration fee. This is not meant to be a barrier to participation. If payment of the registration fee is a hardship, arrangements will be made for scholarship support.

The cost of hotel accommodations, meals and training materials will be covered by the institute.

What will be required of trainees?

Trainees will be asked to complete the following:

- Attendance at and enthusiastic participation in all in-person sessions
- Online readings to prepare for in-person sessions
- Community Service Project
- Work with a designated mentor
- Institute evaluations

How are IFLTI trainees selected?

- Complete application (available at https://uiowa.qualtrics.com/jfe/form/SV_e8z1cOx3Y2Lnqfj)
- Reference surveys
- Personal telephone interviews

How long is the application period for the 2017 institute?

The application period continues until Friday, July 7.

When will trainees be notified of whether they have been accepted to the institute?

Applicants will be informed of their acceptance or deferral by Aug. 4.

Who should apply to the institute?

Successful applicants will demonstrate the following qualities:

- *Advocacy*-Strong desire to develop skills in advocacy, shows potential to articulate or develop an advocacy message
- *Coachability*-Open to learning, receiving feedback, applying new learning
- *Follow through*-Finishes what they start, keeps commitment, shows up, reliable and responsible
- *Inclusive*-Able to work in an inclusive manner with families and people of diverse cultures

- *Negotiation*-Demonstrates having handled conflict in positive way
- *Passion*-Desire to help the greater good/population, desire to learn
- *Respects others*- Can listen well and respect the perspectives of others, eager to learn from others, gives space to others to share their opinion/ideas, shows discretion and confidentiality
- *Strategic thinking*-is able to show concern for more than one issue or agenda item, is able to think beyond their situation and keep in mind the broader community
- *Team player*-reliable, works well with others, commitment to the group, genuine commitment, able to share opinions

Can trainees bring children, partners or friends to the training?

No. We realize that eligible candidates have many responsibilities, but we ask that trainees arrange coverage at home for these duties. We expect trainees to give full attention to the training and to those who are training with them.

Any other questions?

Contact Martha Hanley, Program Manager for Family Engagement, Division of Child and Community Health, University of Iowa, at 319-356-0886 or martha-hanley@uiowa.edu.