The Iowa Pediatric Mental Health Collaborative supports primary care providers in their treatment of children and youth with mild to moderate mental health needs within their medical home. Project activities include webinars, in-person conferences, and consultations with a University of Iowa child and adolescent psychiatrist.

**Webinars**
At least six webinars are held each year on topics specific to children and youth with mental health diagnoses including anxiety and depression, behavior problems, eating disorders, and adverse childhood experiences. All webinars offer participants CMEs and CEUs.

**In-Person Conferences**
Three regional conferences were held in 2019, prior to the COVID-19 pandemic. Program staff hope to resume these trainings in the fall of 2021. These events offer educational opportunities to primary care and other community based providers in addition to networking opportunities for those serving children and youth with mental health needs in a specific region of the state.

**Consultations**
Primary care providers can consult with a University of Iowa Child Psychiatrist 24 hours a day, 7 days a week through UI Consult. Common questions include:
- Are there other medication options for this specific clinical problem?
- What guidance can I give parents?
- Are there resources for a specific clinic problem?
- What is an approach to use for a child having school issues?
- What screening tools could I use?

Program staff have also developed an online resource and referral database. Visit [www.chsciowa.org](http://www.chsciowa.org) for more information.