

This is a preliminary summary of themes based on focus groups and interviews conducted with Iowa pregnant women and mothers of young children in July and August of 2019.

PROVIDER ISSUES

- Judgement/Discrimination
 - Obesity
 - Child-spacing
 - Mental health history
 - Race/ethnicity/country of origin
 - Medicaid/no insurance
- Dismissive of concerns and other provider recommendations
- Lack of medical knowledge
- Unaware of available resources
- Lack of follow-through

SERVICES NEEDED OR DESIRED

- Maternal telehealth
- Transportation assistance
- More maternal follow-up after pregnancy
- In-person interpreters (ASL & spoken languages)
- Specialized care
 - Older mothers, plus-size mothers, mothers of color
- Providers of color
- Training & accountability for providers
- Home-based medical care
- Availability of care in evenings/weekends
- Medicaid coverage for longer after pregnancy
- Resource library
- Ability to make choices for themselves

INSURANCE ISSUES

- No insurance
- MCO/Medicaid issues
 - Getting coverage started
 - Transitions and changes
 - Inadequate coverage
 - Mental health care
 - Medications
 - Addiction treatment
 - Limited options for dental care

HEALTH ISSUES

- Back pain
- Numbness in extremities (couldn't hold baby)
- Dental pain
- Allergies
- Asthma
- Obesity
- Long-term addiction care
- Cysts
- Brain injury
- Depression