

# **TRANSITION QUICK GUIDE:**

## **LEGAL ISSUES WHEN YOU TURN 18 YEARS OLD**



### **Rights and Responsibilities**

When you turn 18, you will have the right and responsibility to make certain legal choices that adults make, including those about your health.

Most youth and young adults will need support from their family well into adulthood when making big decisions and encountering new situations. There are several levels of legal

### **What do I need to know?**

- ⇒ Supported Decision-Making allows young adults to create a team of people to help them understand their choices and make their own decisions.
- ⇒ Power of Attorney is a legal document where one person gives the other person authority to make certain decisions.
- ⇒ Guardianship is when a person (guardian) is appointed by the court to make personal decisions for someone about things like where they live and what medical treatments they receive.
- ⇒ Conservatorship is a legal action where a person is appointed to have control over the financial matters of another person.