



# 1st Five Medical Consultant Team

**The 1st Five Medical Consultant Team is here to support you  
in caring for the families you serve.**

Colleagues work together to build new skills, share ideas, teach one another, and solve problems.

Medical consultants offer peer coaching and educational presentations to Iowa's 1st Five Sites. There is no cost to providers to participate in these services.

## **Peer Coaching: Incorporating Screening Tools**

The 1st Five Medical Consultant Team is made up of providers who specialize in implementing evidence-based screening tools into well-child visits.

Peer coaching provides access to colleagues who are routinely doing developmental surveillance and screening in their own clinics and are well-versed in the challenges that implementation can pose to different practices.

They are here to offer support, help address questions and challenges as they arise, and assist with:

- ◆ Workflow
- ◆ Billing to optimize reimbursement
- ◆ Realistic implementation of screening tools into a busy office setting

## **Educational Presentations**

On-site presentations to primary care providers on a variety of topics including:

- ◆ Early Brain Development
- ◆ Adverse Childhood Experiences
- ◆ Autism Spectrum Disorder

1st Five webinar series:

- ◆ Learn about issues impacting healthy mental development of children
- ◆ Earn continuing education credits



**For more information, please contact  
your local 1st Five Site Coordinator:**

[https://www.idph.iowa.gov/1stfive/  
contact-information](https://www.idph.iowa.gov/1stfive/contact-information)  
(state coordinator: 1-800-383-3826)





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## 1st Five Healthy Mental Development Initiative

*1st Five Healthy Mental Development Initiative model encourages primary care providers to incorporate standardized surveillance and developmental screening tools into their well-child visits following the American Academy of Pediatrics-endorsed Bright Futures periodicity schedule.*

### You play a unique role in early identification and treatment of developmental issues.

You can identify your patients with or at risk for developmental delay early by integrating standardized tools routinely into your practice.

**Surveillance-** Use standardized surveillance:

- ◆ For every child birth to five
- ◆ At every well-child visit



**Developmental Screening-** Use a standardized developmental screening tool at:

- ◆ 9 months
- ◆ 18 months
- ◆ 24 and/or 30 months



*1st Five is administered by the Iowa Department of Public Health. IDPH contracts with the University of Iowa Division of Child and Community Health to work with local 1st Five contractors related to primary care provider consultation services.*