

**Regional Autism Assistance Program (RAP)  
Expert Advisory Committee Meeting Minutes**

July 10, 2019

12:00-1:00 pm

Held via *Go To Meeting* video conference

<b>Regional Autism Assistance Program Expert Advisory Committee Members</b>		
<b>Name (&amp; Designated Representative)</b>	<b>Organization/Role Representing</b>	<b>Attend in Person/GTM</b>
Alyson Beytien	Hills & Dales/Family Member	X
Josh Cobbs	Family Advisor	
Kimberly Cooke	Family Advisor	
Peter Daniolos	UI Stead Family Children's Hospital Child & Adolescent Psychiatry	
Connie Fanselow	Iowa Department of Human Services, Iowa Mental Health and Disability Services Commission	X
Heather Hanzlick-Jaacks	Family Advisor	
Megan Hartwig	Iowa Department of Public Health	
Erika Hertel	Iowa Regional Autism Assistance Program/Family Member	X
Michelle Holst	Iowa Department of Public Health- 1st Five	
Leann Hotchkiss	Family Advisor	X
Andrea Keith	Iowa Vocational Rehabilitation Services	
Aaron Kauer	UICH Child & Adolescent Psychiatry	
Vanessa Kimm	Family Advisor	
Shawn Kolb	ChildServe	X
Toni Fuller Merfeld	Metro West Learning Center	X
Steve Muller	Balance Autism	X
Nathan Noble	Blank Children's Hospital	
Michelle Nuehring	Grant Wood AEA	
Analisa Pearson	Iowa Department of Public Health	X
Kelly Pelzel	UI Stead Family Children's Hospital Autism Center	X
Sacha Pence	Drake University	X
Mary Roberts	Family Advisor	X
Leslie Rogers	ChildServe	X
Natalie Sandbulte	Seasons Center for Behavioral Health	
Thomas Scholz	Division of Child & Community Health	X
Molly Jones for Kris Steinmetz	Autism Society of Iowa/Family Member	X
Jill Stevenson	Family Advisor	
Blake Stephenson	Tanager Place	X
Rachell Swanson-Holm	Learn the Signs. Act Early., Regional Autism Assistance Program	X
Wendy Trotter	Iowa Department of Education	X
Kathy Francois	RAP support, Iowa City	X

## Welcome and Introductions

Facilitator: Erika Hertel

- Roll call was taken and introductions were made.
- Erika shared RAP has signed contracts for both Iowa Department of Education and Iowa Department of Public Health funds for fiscal year 2020.

## Successfully Transition to Adult Life

- **Alejandra Escoto**, Title V Program Coordinator, Child Health Specialty Clinics presented on the Health Care Transition to Adulthood work being done at CHSC. Please see the full PowerPoint for additional information on this work, checklists, and other handouts.



Healthcare Transition  
to Adulthood - RAP E)

## Get a Good Start

- **Wendy Trotter**, Iowa Department of Education:  
The Department of Education Early Access (EA) Autism Navigator project has completed year four. Autism Navigator is made up of several online courses created by Florida State University. Year five will see most EA Providers trained. A number of Early Access providers will take the new *Autism Navigator Jumpstart to Coaching in Everyday Activities* course.

Erika added that all RAP Family Navigators are currently enrolled in *Autism Navigator Jumpstart to Coaching in Everyday Activities* and several nurse practitioners and nurses are taking *Autism Navigator for Primary Care*.

## Have access to and Obtain Needed Services

- **Kelly Pelzel**, University of Iowa Stead Family Children's Hospital, gave an update on the Autism Center's new providers:
  1. Jon Goodwin, PhD, is a Clinical Assistant Professor in the Department of Psychiatry, and a licensed psychologist with a clinical child and adolescent specialty. He earned his doctorate degree in School Psychology from the University of Iowa in 2017 and completed a postdoctoral fellowship at the Belin-Blank International Center for Gifted Education and Talent Development. Prior to joining the Department of Psychiatry, Jon held a visiting faculty appointment in the Department of Psychological and Quantitative Foundations, where he taught courses on developmental psychopathology and intelligence testing for the Counseling Psychology PhD program. He also maintained clinical responsibilities in the clinic at the Belin-Blank Center during this visiting appointment. His clinical interests include the assessment and treatment of neurodevelopmental disorders (e.g., ADHD, ASD, SLD) in children and adolescents with average to above average cognitive ability.
  2. Vanessa Kim, ARNP is currently with Child Psychiatry and is trained to do ADOS testing and diagnostic interviewing for ASD evaluations. CDD is

currently down 3 psychologists and her role will help with this. Her schedule and the details are being worked out.

- **Connie Fanselow**, Iowa Department of Human Services:  
The funding for the Autism Support Program (ASP) for FY20 will be the same \$573,000, with \$25,000 set aside for the Tanager Place after school and summer social skills program. Since the fiscal year 2019 just ended, she has not compiled the data. In general, the program spent less than last year. There are still applications being submitted, but not as many. Those that are approved are waiting for a provider in or they are delaying applying for the same reason.

Erika asked if the new ABA provider in the Sioux City area has been approved as a provider for ASP yet. Connie said the paperwork is completed, but the provider is not quite ready to be added to the list. There is another provider trying to obtain Medicaid approval. The current providers are working on expanding availability.

- **Toni Merfeld**, Metro West Learning Center:  
Metro West just added another BCBA provider and the scheduled filled up immediately. They are working to hire Behavior Technicians to reduce the waiting list.
- **Alison Beytien**, Hills & Dales:  
Hills and Dales is expanding its autism services by opening three new clinics in eastern Iowa. The new clinics are located in Dubuque, Dyersville, and Maquoketa. The clinics in Dubuque and Dyersville opened on June 10, while the Maquoketa clinic opened on July 1.
- **Erika Hertel** shared the RAP brochure and RAP Autism Fact Sheet have been translated into Spanish, French, Arabic, and Karen. These will be shared along with the minutes for everyone to have access to. In addition, the Caregiver Guide to ASD has been translated into Spanish. We have paper copies of the Spanish versions of the RAP brochure and Caregiver Guide available. The other mentioned documents are available electronically and can be printed individually as needed.

## Updates Shared Via Email

Balance Autism will be expanding and bringing children's services to the Iowa City area.

They will hold free information sessions:

Tuesday, August 6, 2019

3:00 pm or 5:30 pm

Coralville Public Library

1401 5th St, Coralville, Iowa

Please RSVP: Register at [www.balanceautism.org/RSVP](http://www.balanceautism.org/RSVP) or call 515-967-4369.



Info Session  
Invite.pdf

## Next Meeting will be In-Person

Wednesday, October 9, 2019

10 am - 2:00 pm

Iowa City or Cedar Rapids area- location to be determined

## **RAP Translated Resources**

### **RAP Brochure**

Spanish:

[https://chsciowa.org/sites/chsciowa.org/files/resource/files/rap\\_brochure\\_2019\\_spanish.pdf](https://chsciowa.org/sites/chsciowa.org/files/resource/files/rap_brochure_2019_spanish.pdf)

French:

[https://chsciowa.org/sites/chsciowa.org/files/resource/files/rap\\_brochure\\_2019\\_french.pdf](https://chsciowa.org/sites/chsciowa.org/files/resource/files/rap_brochure_2019_french.pdf)

Arabic:

[https://chsciowa.org/sites/chsciowa.org/files/resource/files/rap\\_brochure\\_2019\\_arabic.pdf](https://chsciowa.org/sites/chsciowa.org/files/resource/files/rap_brochure_2019_arabic.pdf)

Karen:

[https://chsciowa.org/sites/chsciowa.org/files/resource/files/rap\\_brochure\\_2019\\_karen.pdf](https://chsciowa.org/sites/chsciowa.org/files/resource/files/rap_brochure_2019_karen.pdf)

### **ASD Fact Sheet**

Spanish:

[https://chsciowa.org/sites/chsciowa.org/files/resource/files/asd\\_fact\\_sheet\\_spanish.pdf](https://chsciowa.org/sites/chsciowa.org/files/resource/files/asd_fact_sheet_spanish.pdf)

French:

[https://chsciowa.org/sites/chsciowa.org/files/resource/files/asd\\_fact\\_sheet\\_french.pdf](https://chsciowa.org/sites/chsciowa.org/files/resource/files/asd_fact_sheet_french.pdf)

Arabic:

[https://chsciowa.org/sites/chsciowa.org/files/resource/files/asd\\_fact\\_sheet\\_arabic.pdf](https://chsciowa.org/sites/chsciowa.org/files/resource/files/asd_fact_sheet_arabic.pdf)

Karen:

[https://chsciowa.org/sites/chsciowa.org/files/resource/files/asd\\_fact\\_sheet\\_karen.pdf](https://chsciowa.org/sites/chsciowa.org/files/resource/files/asd_fact_sheet_karen.pdf)

### **Navigating Iowa's System of Care: A Caregiver's Guide to Autism Spectrum Disorder First Steps After Diagnosis**

Spanish:

[https://chsciowa.org/sites/chsciowa.org/files/resource/files/final\\_navigating\\_iowa\\_s\\_system\\_of\\_care\\_a\\_caregiver\\_s\\_guide\\_to\\_autism\\_spectrum\\_disorder\\_april\\_2019\\_spanish.pdf](https://chsciowa.org/sites/chsciowa.org/files/resource/files/final_navigating_iowa_s_system_of_care_a_caregiver_s_guide_to_autism_spectrum_disorder_april_2019_spanish.pdf)