



Shared Plan of Care (SPoC) Information for Families

What is a Shared Plan of Care (SPoC)?

- A Shared Plan of Care, or SPoC, is a concise, comprehensive care plan that places the family and their concerns at the center of their "care neighborhood".
- It is a document completed by care coordinators working with families and all of the child's health providers, community providers and school.
- It is centered upon the goals, beliefs, strengths and needs of the family, encouraging information exchange among the providers.

Why is the SPoC a good idea for children who have complex care needs?

- Improves child safety
- Reduces redundancy
- Reduces Emergency Department and hospital visits
- Contributes to more school days, work days, and recreation time
- Better quality of life
- Increases confidence in self-care
- Reduces burdens

When might a SPoC be a good idea for my child/family?

- When I indicate that I need more help or support.
- If my child has several providers including, but not limited to; medical Provider, community providers, and school.
- If my one of my child's providers expresses a concern.
- If we have trouble making, keeping, or getting to appointments.
- Struggles to follow through with agreed upon actions or plans.

Who participates in developing a SPoC?

- The family and all of the members of the child's care team: doctors, therapists and community providers.
- A care coordinator calls meetings among the care team, advocates for the family, and updates the document when there are changes.
- The coordinator insures that the SPoC speaks for the family to every provider about your family's goals, hopes, and beliefs. It also outlines next steps.

Where to access the SPoC?

- The SPoC is easily retrieved and accessible to all members of the care team using an online platform called ACT.md.