

TRANSITION QUICK GUIDE:

UNDERSTANDING HEALTH CARE FORMS



Health Information

Parents and caregivers will not always be able to fill out forms when going to visits with your doctor or nurse. It's important to know your health history, your family's health history, and who can see your health information

What do I need to know?

When you go to an appointment with a doctor or other health care provider, a staff person will greet you and may give you different forms to fill out.

- ⇒ Consent to Diagnose and Treat Form– Gives staff permission to examine you, make a diagnosis, and treat your health issue. Based on your age, you or your parents will be asked to sign this form.
- ⇒ Registration and Health History– Includes your address, phone number, and insurance information. You will also be asked to list all your health issues, medications, and allergies, not just the reason for your visit that day.
- ⇒ HIPAA Form– HIPAA stands for Health Insurance Portability and Accountability Act. This form lets patients decide who can see their health information. A parent or caregiver cannot access the health information of someone over 18 years old unless they are named on the HIPAA form or have other legal arrangements.

You may be asked to complete these or other forms while you wait for the doctor or nurse, and a staff person may make a copy of your insurance card. If you have questions or run out of time, let a staff person know.